

RIDING EVEREST

JULY 6, 2020

WHY:

TO SUPPORT ANDEAN HEALTH & DEVELOPMENT (ANDEANHEALTH.ORG), A 501(C)(3) ORGANIZATION WORKING IN ECUADOR SINCE 1997 WITH A MISSION OF PROVIDING QUALITY, SUSTAINABLE HEALTH CARE TODAY, WHILE TRAINING THE RURAL HEALTHCARE LEADERS OF TOMORROW.

FUND RAISING GOAL:

\$58,058 (\$29,029 x Two)

WHEN:

MONDAY, JULY 6, 2020 (ALTERNATE DAYS PENDING WEATHER: JULY 7 OR 8)

WHAT:

THE IDEA OF RIDING EVEREST IS A NEW TYPE OF CHALLENGE IN THE CYCLING WORLD. THE SUMMIT OF MT. EVEREST, THE TALLEST PEAK IN THE WORLD, STANDS AT 29,029 FEET. RIDING EVEREST REQUIRES A CYCLIST TO RIDE ONE CLIMB AS MANY TIMES AS IT TAKES TO ACHIEVE 29,029 FEET OF CLIMBING IN ONE 24-HOUR PERIOD. THAT CYCLIST MUST COMPLETE ALL ASCENTS AND DESCENTS.

WHERE:

BAKER FORD ROAD, PLATTEVILLE, WISCONSIN. THE CLIMB GAINS 270' OVER 0.85 MILES WITH AN AVERAGE GRADIENT OF 6%, RANGING BETWEEN 5 – 12%. TOTAL NUMBER OF REPS: 110. TOTAL MILES CLIMBING: 91.8, TOTAL MILES: 183.6.

WHO:

MICHAEL HEISLER, MD, MPH, PAST CHAIR OF THE AHD ADVISORY BOARD

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