

## **RIDING EVEREST SUMMER 2020**

### **WHY:**

**TO SUPPORT ANDEAN HEALTH & DEVELOPMENT (ANDEANHEALTH.ORG), A 501(C)(3) ORGANIZATION WORKING IN ECUADOR SINCE 1997 WITH A MISSION OF PROVIDING QUALITY, SUSTAINABLE HEALTH CARE TODAY, WHILE TRAINING THE RURAL HEALTHCARE LEADERS OF TOMORROW.**

### **FUND RAISING GOAL:**

**\$58,058 (\$29,029 x Two)**

### **WHEN:**

**SUMMER 2020 (DATE WILL DEPEND ON WEATHER)**

### **WHAT:**

**THE IDEA OF RIDING EVEREST IS A NEW TYPE OF CHALLENGE IN THE CYCLING WORLD. THE SUMMIT OF MT. EVEREST, THE TALLEST PEAK IN THE WORLD, STANDS AT 29,029 FEET. RIDING EVEREST REQUIRES A CYCLIST TO RIDE ONE CLIMB AS MANY TIMES AS IT TAKES TO ACHIEVE 29,029 FEET OF CLIMBING IN ONE 24-HOUR PERIOD. THAT CYCLIST MUST COMPLETE ALL ASCENTS AND DESCENTS.**

### **WHERE:**

**BAKER FORD ROAD, PLATTEVILLE, WISCONSIN. THE CLIMB GAINS 270' OVER 0.85 MILES WITH AN AVERAGE GRADIENT OF 6%, RANGING BETWEEN 5 – 12%. TOTAL NUMBER OF REPS: 110. TOTAL MILES CLIMBING: 91.8, TOTAL MILES: 183.6.**

### **WHO:**

**MICHAEL HEISLER, MD, MPH, PAST CHAIR OF THE AHD ADVISORY BOARD**

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